



New Members

Welcome to our new members:

- Yasmine Soliman, MSW (Professional)
- Cori Guay, LSWAIC (Professional)
- Darryl Dudding, MSW (Professional)
- Molly Ann Walke, LMSW (Professional)
- Sheyanne Johnson (Student)
- Lauren Highsmith, LCSW-C (Professional)
- Joey Garcia, MSW (Student)
- Rishi Raj Ojha (Professional)
- Teri Iversen (Student)
- Catherine Howard, LCSW (Professional)
- Alyson N Christian, MSW (Student)
- Annie Flanagan, LCSW (Professional)
- Marian Lima, MSW (Professional)
- Mary Derbish, MSW (Student)
- Tyler Jones, MSW (Student)
- Sydney Griffin, MSW, LCSW (Professional)
- Kat Sayegh, LCAT-LP (Professional)
- Brittany Jewett, LMSW (Professional)
- William Abe, MSW (Student)
- Melissa Sousa, MSW (Student)
- Cooper Williams (student)

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ASWIS Group



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A Letter from the President

Greetings fellow sport social workers! We are excited to be able to send out a new newsletter out to all of you after so long!

It is so exciting to finally be able to be back in person for our 8th annual sport social work symposium and I cannot wait to see all of those who are attending! Our theme is Health, Wellness, and Safety of the Athletic Community, and we have a great lineup of speakers, presenters, and activities for the symposium that I am sure will be a great experience for all. We will also be announcing two exciting new initiatives at the symposium that those attending will get to hear about right away and will be announced to others at a later date.

I want to congratulate the newly elected officials that will be taking office at the beginning of next year, 2023. Jerry Reynolds, who is currently serving as the vice-president, will be taking on the role of president. Charlotte warren will be taking on the role of vice-president. And Alex Diaz will be taking on the role of member at large. Congratulations to these three and I wish them the best as they take on these new roles and advance the mission and field of sport social work and ASWIS. I am excited to see what they will accomplish.

I would also like to introduce our MSW interns that are serving ASWIS this year. Montana Hocutt is an MSW candidate at North Carolina State University and is serving under me this year. Michael Henry is also an MSW candidate at North Carolina State University and is serving under Dr. Jerry Reynolds this year.

I am keeping a close watch on the Social Work PACT & serving on the Clinicians in Private Practice Committee with NASW-NC to create a more seamless way for clinicians to serve athletes as they travel to games out of state and spend time with family at home. Currently, clinicians can only serve athletes in states where they are licensed which creates challenges when an athlete has a mental health challenge in a state where their therapist is not licensed.

I encourage all of you to continue inviting social workers you know who are interested in serving the athlete population to join the Alliance. We always welcome new members!

As my term as president is coming to an end, I just want to thank all of you for your support and all that you have done to work alongside me to advance the field of sport social work.

Anita Daniels, President

Be sure to check out the ASWIS Job Center for emerging opportunities in the sport social work field.



Athletes Advocating for Their Mental Health

by Montana Hocutt

In the past couple of years, we have seen so many athletes speak up for themselves and come forward about mental health challenges that they have faced. We have seen some of the biggest names in sports talk about their personal struggles with mental health: Simone Biles, Michael Phelps, Naomi Osaka, Serena Williams, Dak Prescott, Calvin Ridley, John Wall, and so many more.

These athletes have helped bring mental health to the forefront of athletic discussion. The whole world was talking about mental health when Simone Biles took a step away from the 2021 Olympics in Beijing citing her mental health as the reason. It helped to bring up the important topic that if you are not at the top of your game with your mental health, you cannot be at the top of your game in your sport. It is a very hard decision to take a step back from the sport that you love to be able to focus on yourself and making sure that you are okay. But it is an extremely important decision.

These athletes have been brave and strong to make their struggles known to the public, but the public's reaction is not always kind to those who step forward. I remember reading the comments on posts about Simone Biles and being disgusted by the things that people were saying about her and others who face mental health challenges. Unfortunately, that is not the only person I have seen people react this way to. Many people still do not understand mental health or only think about how the athlete's decision to step away affects the team they are on. People forget that athletes are people too and have so much more happening in their lives that affect them other than their sport and what they accomplish in their sport. It always makes me proud when I see that athletes are able to speak up about their struggles, because I know it is not easy.

These athletes have helped to pave the way for others to be more open about their struggles as well. With more athletes being able to be open and honest with their mental health, this brings forth a need for more support to be available to these athletes as well. That is where we as sport social workers come in. We need to be ready and available to these athletes. We need to make sure that there are resources available to them and that the athletes know how to access these resources.

I hope that this movement of athletes being honest about their mental health helps to normalize mental health within the athletic world. I hope that it becomes a more supportive environment for mental health on all levels for players, coaches, staff, fans, and media. I am just so proud of those who have taken the step to be open and honest about their mental health.

Committee Updates

Committee on Professional Sports-

We will be doing outreach and open calls to get this up and moving again

Committee on College Sports -

We will be doing outreach and open calls to get this up and moving again

Research Committee -

We will be doing outreach and open calls to get this up and moving again

Committee on Youth Sports -

We will be doing outreach and open calls to get this up and moving again

Committee on International Sport Social Work -

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Committee on Education -

The Sport Social Work Certificate Program is currently teaching and training 23 students to be sport social workers!

This list includes:

Audrey Harriger, Nick L. Vincent, Heather Stan, Jackie Albanes, Jacqueline Deily, Joseph Hines, Kalyn D. Wilson, Keaunna Gamble, Kristina Wilson, Jhazzman Martin, Sierra Renham, Sarah Joyner, Sarah Harsch, La Tracia Jones, Breanna Yarian, Brooks Meek, Devina Janisa Jani, Jordan Stone, Kyle Donahue, Lauren Wise, and Jenae Pierre

Committee on Clinical Practice -

The Clinician's Committee has welcomed some new members, and we have a diverse group working with different segments of the athlete population. At our last meeting, we discussed the topic of Clinicians in Private Practice and shared some tips about starting and maintaining a private practice. Someone in the group brought to our attention the WISE group (women in sports events) as a way of networking and promoting our practices to athletes: <https://www.wiseworks.org/home>. Another member suggested making several podcasts in advance on different topics to promote your practice, and noted that there are apps that can help you schedule your podcasts to be posted to social media at regular intervals.

In previous meetings, we have also provided clinical consultation and support to one another, sharing information about athletes we are currently working with



Don't forget to check out The Sport Social Work Journal!

It is sponsored by ASWIS and Ball State University and was launched in 2021 by Dr. Matt Moore.

This journal was made with the goals of advocacy, awareness, education, discussion, and publishing.

Both Volume 1 and 2 are already out!

Check it out at: www.sswj.org

The Importance of Sport Social Work Classes in College

By Montana Hocutt and Michael Henry

Hello, my name is Montana Hocutt and I am working as an intern for ASWIS this year and I am an MSW student at North Carolina State University. I am so glad that I am able to be here and learn about this field that I am so passionate about.

I found sport social work by chance, I had no clue it existed until I got an email from my social work department in the fall of my junior year of college about an Intro to Sport Social Work class being offered as an elective the next semester. I had already signed up to take a child welfare elective, but this class intrigued me more than child welfare because I had never heard of it and, hey, I like sports and I like social work, so should be a good match right? Absolutely right! I have never been more interested and invested in a class in my life. Everything in the class made sense and spoke to me and every assignment and project and reading in the textbook I did confirmed more and more that this is exactly what I wanted and needed to do with my career. I was so sad that that class only lasted 8 weeks.

After that class, I did a lot of research on my own and, in other classes, any project that I could make about sport social work, I did. I was known for always talking about sport social work. I was even able to find myself a BSW internship related to sport social work working in the Academic Success Program for Student-Athletes at NC State University. That internship just confirmed even more that I love working with the athlete population and helping them through the unique struggles that they face. And of course, now I am here for my MSW internship, and I am so excited to continue my sport social work journey.

I am so grateful for the sport social work class that was offered at my university, for Emmitt Gill for teaching the class, for Matt Moore and Ginger Gummler for writing the textbook used for the class, and for the people in my social work department for encouraging my passion and helping me secure placements for internships in sport social work settings (where they have not placed students before).

If it were not for that class, I am not sure what setting I would be working in. I think that having a class about this available to social work students is so important in growing the field, I wish every social work department would be able to have a sport social work class so that other students out there who may not know about it are able to find their passion like I was. I think that it is not only important and useful to social work students, but athletes as well. There were several athletes in the class when I took it and when I worked with student-athletes in academics I know there were several who took the class then too. I am sure that this class is also very valuable to athletes to make them aware of this profession and how it can be helpful to them, their teams, and their friends. I would encourage social work departments, if they have the capacity, to add this class!! This class not only inspired me and sparked my passion, but also my fellow intern Michael Henry. We took the class together at the same time and it has brought us both here.

About the sport social work class he said:

"During my undergraduate studies at North Carolina State University, I was fortunate to have found a new career path in Sport Social Work. During my junior year, I was thrilled to be taking a class titled, "Introduction to Sport Social Work." I was super excited to see that this was a class offered considering my love for sports and my desire to become a social worker. I thought how incredible it would be to combine the two things and make a career out of them. I instantly knew I wanted to do sport social work because of my many years as an athlete, playing baseball and football. I also want to help athletes who are struggling with issues like mental health and substance use along with the stressors that come with being a student-athlete or a professional athlete. I feel as if I have the tools to succeed in this career path due to my knowledge and passion for sports and my education from NC State."
- Michael Henry, ASWIS Intern

Thank you to all of you who have played a role in helping to expand the field of sport social work, especially if you had anything to do with bringing the sport social work class to NC State, we are both so grateful! And this is just proof of how these sport social work classes are so beneficial and should be expanded if possible!



ALLIANCE OF SOCIAL WORKERS IN SPORTS

ASWIS Symposium

Oct. 5-6, 2022
Indianapolis, IN

There is still time to register for our Symposium happening on October 5-6 in Indianapolis, Indiana! You can register at: www.aswis.org/copy-of-2021-symposium

Our theme this year is:
"Health, Wellness, and Safety of the Athletic Community"

We hope to see you there for this amazing opportunity to learn more about what is happening in the world of sport social work and get to interact with others in the profession or who are interested in the profession!

We would like to thank our sponsors of this year's symposium:

- Ball State University Dept of Social Work- Sponsoring CEU's
- Ethos Sports Network-Sponsoring the Keynote Presentation
- Natalie Graves, AM, LCSW, CADC, Author of The Athlete's
- Prepbook - Sponsoring the reception
- Actualities Limited - Anita Daniels, MSW, LCSW, LCAS, CCS

ALLIANCE OF SOCIAL WORKERS IN SPORTS
Join us!

Kick off
October 5
Grand Park Sports Complex
Westfield/Indianapolis, IN

Keynote Speakers
★ Mark and Kym Hillinski, Hillinski's Hope Foundation

Special Event - NCAA
★ NCAA Presentation of Research, Dr. Robert Turick, NCAA Assistant Director of Research and Hall of Champions Visit

Keynote Speaker
★ Aaron Miller, Author of Buying In: Big-Time Women's College Basketball and the Future of College Sports

CEU's for Participants
★ Ball State University will cover the cost of CEU's for all participants and for all CEU eligible presentations.

Symposium 8th Annual

Spotlight on ASWIS International Committee

ASWIS in Cape Town, South Africa!

Dr Stacy Kratz, PhD, LCSW, CAP, ASWIS Executive Team Member at Large and Committee on International Sport Social Work Co-Lead with Dr Matt Moore, PhD, had the opportunity in June 2022 to meet with several sport for development leaders in Cape Town, South Africa.

Dr Kratz has been collaborating with sport social work and sport for development leaders in the Southern Hemisphere since 2014, resulting in numerous research and writing collaborations, and presenting at conferences and professional gatherings related to #sportfordevelopment. Linking with leaders like Ms Zenobia Carolus of the National Association of Social Workers – South Africa has created an atmosphere of sharing and learning about approaches to building strong communities through effective sport programming initiatives.

One of the most impactful collaborations resulted in the full employment of the first official sport social worker in South Africa: Fakhrie Arendse, BSW and ASWIS member. The position resulted from the synergy between ASWIS, The Sport for Social Change Network of South Africa, Laureus South Africa Measurement and Evaluation Director Ms Cyndi Mendoza (currently Programs Director for Skateistan) and The School of Hard Knocks (SOHK) Cape Town Program, an in-school rugby program that uses sport to tackle unemployment, antisocial behavior, crime and health. SOHK was in need of a social worker that could help team members' struggling families during COVID, and CEO Scott Sloan reached out to Dr Kratz, asking for recommendations of a superstar to fill the position. Within a few weeks, the position was filled!

That's how we do it at ASWIS! It's about membership, networking, helping each other grow, sharing resources, and building the sport social work movement!

Official Partnership Launched with Anti-Human Trafficking in Sport Global Leader Mission89

ASWIS and Mission 89, global advocate and activist non-governmental organization dedicated to eradicating human trafficking in sport, have signed a joint Memorandum of Understanding (MOU), spearheaded by the Committee on International Social Work co-chairs Dr. Stacy Kratz and Dr. Matt Moore.

The MOU outlines a plan for close collaboration and consultations on all matters of common interest, increasing the awareness and knowledge of stakeholders on the high risk of trafficking in sports globally through joint capacity building, training of social workers, sport administrators, and athletes.

ASWIS and Mission 89 conduct joint research on the understanding of human trafficking in sport in the United States and internationally, to gauge the experiences of victims, and the development of policies and practices aimed at combating and preventing human trafficking in sport. A major outcome already of this collaboration has been the publication of "Ending Human Trafficking in Sport - A Playbook for Forward Progress" authored by Dr. Matt Moore, Dr. Stacy Kratz, Dr. Lorin Tredinnick, Ms. Lerina Bright, and Ms. Morgan Thatche. The article can be accessed here <https://openjournals.bsu.edu/sportsocialworkjournal>

Mission 89 is dedicated to combating child trafficking in sport through research, education and advocacy. The Mission89 name comes from the United Nation's Convention on the Rights of the Child, signed in 1989. That Convention declared the imperative for all member countries to combat "illicit transfer and non-return of children abroad". Mission 89 Founder and Executive Director Lerina Bright championed the later inclusion of eradicating human trafficking in sport. Lerina Bright also capitalizes on the power of policy advocacy in other global arenas as well by fighting for the enforcement of the International Olympic Committee's principles prohibiting the exploitation of young athletes, and FIFA's Article 19 of its Regulations on the Status and Transfer of Players, aiming to end the illicit trafficking of young soccer players globally.

"Hundreds of thousands of children are trafficked for sport every year, despite widespread condemnation. Smuggled across borders, they are sold as commodities by fraudsters masquerading as agents, some claiming affiliation to high-profile, sports organizations. Many of the children "recruited" never reach the organizations allegedly seeking their talents: most are abandoned in their own continent; others are left abroad in cheap hotels without passports or money". –Lerina Bright, Founder and Director, Mission 89

Mission 89 has been a friend and partner with ASWIS for several years, a relationship started through the doctoral work of ASWIS member Dr Lorin Tredinnick, ASWIS Treasurer, who completed her dissertation in sport social work.



(R) Fakhrie Arendse, BSW, Sport Social Worker and Manager
(L) Stacy Kratz



(R) Fakhrie Arendse, BSW, Sport Social Worker and Manager
(M) Stacy Kratz
(L) Scott Sloan, School of Hard Knocks CEO



(R) Zenobia Carolus, Licensed Social Worker, Representative to the National Association of Social Workers, South Africa
(L) Stacy Kratz

Lockerroom Chat Virtual Series In Collaboration with Sport for Social Change Network of South Africa

Invited by the Sport for Social Change Network of South Africa (SSCN-SA), Dr Stacy Kratz and Dr Matt Moore kicked off the first of the Network's six-part virtual educational series called Lockerroom Chats. The series of virtual sessions, held over a four-month span running July through October 2021, invites SSCN-SA members to join conversations on topics enabling stronger team building and cohesion. The first session, titled Feeling Great Together, focused on sport coaching and athletic participation focused on the art of listening, the usefulness of a focus on nonverbal communication, and techniques for managing emotional reactivity. Future workshops include topics such as sport and disability, global lessons in sport for social change, innovation in measurement and evaluation in sport for development, and keeping the focus on mental health and wellness.

The SSCN was founded by Nike in 2007. In collaboration with other organizations, Nike created "Sport for Social Change Networks" (SSCNs) in South Africa, Brazil, Kenya and the United Kingdom. The focus has remained on building strategic collaborations between private and public stakeholders to ultimately create opportunities for sports to serve as an agent for change and development for youth.

The ASWIS Committee on International Sport Social Work, co-chaired by Dr Kratz and Dr. Moore, recognizes sport social work has no borders, and works with members to further understand, serve, and collaborate with international organizations serving athletes and the communities where they live around the world.

Social Media Team Updates

INSTAGRAM REACHES 1000 FOLLOWERS

September 2022 brought on a significant milestone with our social media sites!

By mid-month, the active Instagram follower number arched 1000!

Important to note, this achievement grew organically – meaning no paid posts, no sponsored ads, no paid anything – the following resulted in a ground swell of committed followers that are targeting change through sport.

That means 1000 committed followers using their voice and action for all communities to level the playing field. That means 1000 committed followers driven to ensure the best outcomes in athlete mental health. And that means, 1000 committed followers that are part of the global sport for development movement. Thank you followers! Instagram is one of our top sites to see everything that's happening with #sportsocialwork!

If you have not already, be sure to follow us on Instagram @aswisports

SOCIAL MEDIA CAMPAIGNS

We have launched multiple social media campaigns this year including:

May Mental Health Month - month-long series highlighting the work of Clinical Sport Social Work, focused on athlete mental health, the mental health of the families of athletes, and community activism and awareness of how access to sport and other athletic endeavors builds strong communities.

May Asian American and Pacific Islander (AAPI) Heritage Month – Highlighting the work of several of our AAPI members, including Tarkington Newman, PhD; Lisa Bonta Sumii, LCSW; and Francis Asprey, MSW

-May 25 -- ASWIS AAPI Month Panel Workshop with Dr Nafees Alam, PhD of Boise State University; Ms Liz Kim of 2 Time MAC Sportsman of the Year, and Tour Operations Administrator at LPGA; and Ms Kristi Yamaoka, Sr Partner and Manager Midwest of Positive Coaching Alliance

June Social Work Month – month long motivational and educational series on the power of sport social work within the social work profession

Black History and Heritage Month Instagram Live Series: led by Dr Stacy Kratz, PhD, LCSW; Stephanie Rosado, PhD Candidate, MSW; and Kalyn McDonough, PhD;

-Guests: Shelton Gillard, PhD Candidate; Jordan Saunders, MSW, ASWIS Intern; Natalie Graves, LCSW and ASWIS Founding Member; Dr Kimberly Outlaw, PhD, LCSW; Shelby White, LCSW;

Equity Activists in Sport Social Work Instagram Live Series led by Dr Stacy Kratz, PhD, LCSW; Stephanie Rosado, PhD Candidate, MSW; and Kalyn McDonough, PhD;

-Guests: Jen Fry, PhD, Founder of JenFryTalks and Coordle; Doc Wayne Youth Services Leaders Ms Kanika Minocha, DEI and Belonging Manager and Mr Jonathan Baum, LICSW, Chief of Staff; Athletes for Hope National Director leader Suzanne Potts, LMSW, MPH

What is Sport Social Work? Instagram Live Series led by Dr Stacy Kratz, PhD, LCSW, CAP, Stephanie Rosado, PhD Candidate, MSW

-Guests: Lisa Bonta Sumii, LCSW, Oakland Roots Sport Social Worker; Marlene Holmes, PhD Candidate, MSW; James Lopez III, MSW, Social Impact Director Play Equity Fund; Anita Daniels, LCSW, ASWIS President and Founding Member;

Partnership Formed for Protecting Young Athletes from Trafficking in the Name of Sport

MISSION 89
ALLIANCE OF SOCIAL WORKERS IN SPORTS

For more information on the Committee on International Sport Social Work, contact Co-Chair Dr. Stacy Kratz: stacy@kratz.us
813- 380 - 2375

Membership Announcements

CARINTHIA BANK -- An LSW in PA, a former professional ballet dancer, has recently started at a private practice owned by another former professional ballet dancer, Miriam Rowan. She is thrilled to be specializing in dancers and athletes, with Miriam's mentorship and support. She has openings for new clients in PA and would love to speak with anyone who would like to learn more about the practice or my work. Website Link: <https://www.miriamrowan.com/about-associates>

KIANA WINSTON -- recently accepted a new position at the University of Alabama in the Sports Medicine department as the Assistant Director of Behavioral Medicine.

SUZANNE POTTS and Athletes For Hope (AFH) -- are thrilled to resume their International Sports Programming Initiative (ISPI) grant from the State Department and World Learning and are planning their outbound trip to Tanzania from October 19-26, 2022! They are taking a small cohort of athletes to Arusha, TZ to engage a local school and community in sport, education and cultural activities. They are there to learn about how sport influences young women in TZ and how they use sport as a tool to improve health outcomes for all.

Their incredible Sports Envoy athletes include Michell Carter (OLY), Awvee Storey (NBA retired/WNBA coach), Lacey Henderson (Paralympian), Chasity Melvin (WNBA retired), Zavier Moore (Southern University Baseball), and Megan Montefusco (NWSL, Orlando Pride). AFH staff Chris Wyttenbach and Suzanne Potts will lead the delegation in content development and training on site in TZ. This outbound trip will include on site sport clinics, life skills using AFH Fit, AFH University and their Whole Being Athlete Program content, and train the trainer opportunities for teachers and staff at Orkeeswa School in Monduli, TZ.

RACHEL ROGOVIN -- is excited to share that Team IMPACT (an organizational member of ASWIS) has been accepted to present at 2 upcoming conferences:

Conference 1:

Host Organization: New England Child Life Inc. Annual Conference
Title of Speech: Get Our Kids in the Game: No child should be sidelined by illness

Conference 2:

Host Organization: National Mentoring Summit
Title of Speech: The Power of Team: How using collegiate athletic teams to mentor youth with serious illness and disability is a win-win for everyone

ALEX DIAZ -- will be presenting at AASP (Association for Applied Sports Psychology) 2022 Conference on October 29th in Fort Worth, Texas.

The title of the talk is: Applying Neuroscience to Enhance Mental Health and Sports Performance

CINDY MILLER ARON -- relocated to Chicago in the spring to work as the Senior Director of Clinical Services at Ascend Consultation in Healthcare

She gave these presentations this year:

August 2022: "Athletes, Trauma and Eating Disorders: Dysregulation of Emotion and Behavior" AASP Eating Disorder SIG Presentation - Virtual

June 2022: "All Day Courses on Diversity in Sport" BASES, the British Association of Sport and Exercise Sciences - Virtual

April 2022: "The Safeguard of Early Identification and Intervention: Unraveling the Layers of Betrayal" Safe Sport International Virtual Conference

April 2022: "Athlete Development Research: Implications for Practice" Women in Athlete Development Symposium and Networking Event Virtual.

Meet the Incoming Officials!



President

Dr. Jerry Reynolds is a founding member, President-elect, and current VP of ASWIS. He is an Assistant Professor of Social Work and BSW Program at Ball State University in Muncie, IN. His research explores family dynamics in the context of youth sports, in particular, parent spectator behavior in both the in-person and virtual contexts. He also leads a school-based grant program to increase nutrition and physical activity through Ball State's unique partnership with Muncie Community Schools. He has over 20 years of post-MSW experience in various contexts, most recently as a dialysis social worker at Fresenius Kidney Care. A former college athlete himself, outside of academia and ASWIS, he has been a volunteer coach of various sports at the youth, middle, high school, and collegiate levels. He holds a BSW from The Catholic University of America in Washington, DC, an MSW from the University of Michigan, and a PhD from Louisiana State University. He is married to Jennifer and has three sons, Jack, James, and Jerry III



Vice President

Charlotte Warren, MSW, LCSW, CAADC is a mental health clinician embedded with The University of Georgia Athletics Association. A founding member of the Alliance of Social Workers in Sport, it was during her MSW education that her passion for working with the athletic population began. Her specialties include whole person identity, PTSD, substance use, self confidence and coping with injuries. She has published articles on how social workers can work with the athletic population, how athletes can transfer skills to the field of social work, and how social workers can help athletes to transition out of sports. She has presented on various topics related to social work in sport, program development, and clinical interventions with athletes on local, conference, and national levels, and social media platforms. Charlotte is a former collegiate athlete, her husband Mark is an athletic director at Western Carolina University, and they have twin boys Myles, and Ryker.



Member-At-Large

Dr. Alex Diaz is a licensed psychotherapist and a Certified Sports Social Worker with over 25 years of experience providing mental health strategies. He holds a doctoral degree in Clinical Psychology. Dr. Diaz provides mental wellness support to athletes who seek coping skills to manage the highly stressful demands of sports performance and personal life. He teaches proven strategies that enhance emotional resilience by applying cognitive and holistic strategies to improve emotional regulation, manage stress, and regain focus. He conducts his work in private practice in New York and serves as a mental wellness consultant to Iona University, a DI athletic program. Dr. Diaz also serves in the US Olympic and Paralympic Athletes Mental Health Registry and is a Mental Wellness provider for US Cycling. Dr. Diaz has spoken and written sport psychology, mental wellness strategies to improve stress management, injury rehabilitation, team building, motivation, post-concussion rehabilitation, and coach-athlete relationships.

Membership Announcements Continued:

CINDY MILLER ARON -- also had these publications

Gorczyński, Paul, Reardon, Claudia L. And Aron Miller, Cindy (2022) LGBTQ+ mental health in elite sport: A review. In: Prabhakar, Deepak, (ed.) Advances in psychiatry and behavioral health 2.1 Elsevier.

Moore, M. Gorczyński, P. Aron, C.M. (Spring 2022) "Mental Health Literacy in Sport: The Role of the Social Work Profession" Social Work: The Journal of the National Association of Social Workers." Aron, C.M. (2022) "Practice Notes" Sport Social Work Journal, Vol. 1,

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