



5th Annual Social Work in Sports Symposium

Monday, October 21st through Wednesday, October 23rd

Denver Athletic Club – Denver, CO

#ASWIS2019 and #AthleteWellness2019

Monday, October 21st

12:00pm – 1:00pm Registration (Outside of the Grand Ballroom)

1:00pm – 1:30pm Opening Remarks and Presidential Address by Dr. Matt Moore, President, ASWIS (Grand Ballroom)

1:30pm – 2:30pm Plenary Speaker *CEU Eligible (One Hour)*

Grand Ballroom **When it comes to Mental Health, We are all on the Same Team**

Dr. Karen Cogan - Senior Sports Psychologist, United States Olympic Committee

2:30pm – 2:45 pm Break (drinks and snacks provided)

2:45pm – 3:45pm Ted Talk Sessions *CEU Eligible (One Hour)*

Grand Ballroom **Proposing a Social Work in Sports Elective Course**

Traci Nigg, LMSW – Wichita State University

Pre/Post Surgery Mental Health Interventions with Athletes

Alex Diaz, PhD, LCSW – Sports Mental Edge – Sport Psychology Consultant
Concordia College

Silos are for Corn: The Importance of an Interdisciplinary Team

Ashley Parr, MEd, LAT – University of Wisconsin, Madison

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Petroleum Room	<p>Survival of the Fittest: The Experience of Coping with Psychological and Emotional Stressors for Female Collegiate Student Athletes</p> <p>Marlene Holmes, RCSW, MSW, PhD Student – Barry University Richard Weaver, MSSW, CSW, LSW, PhD Candidate – University of Louisville</p> <p>The Transfer of Life Skills: Revealing Mechanisms, Outcomes, Contexts, and Applications through Photographs</p> <p>Tarkington Newman, PhD, MSW, MS – University of New Hampshire</p> <p>Martin, Muhammad, Magic, and Mizzou: A Social Work in Sports Perspective on Social Justice</p> <p>M. Daniel Bennett, Jr., PhD, MSW – The University of Alabama School of Social Work</p> <p>Are NCAA Division I Athletes Prepared for End-of-Athletic-Career Transition? A Literature Review</p> <p>Lauren Miller, DSW, LCSW – Mental health Specialist for Tulane Athletics, Tulane University Center for Sport, New Orleans, LA</p>
3:45pm – 4:45pm	Interactive Workshops <i>CEU Eligible (One Hour)</i>
Grand Ballroom	<p>Supporting the Health and Wellness of Professional Athletes: An Integrated Model</p> <p>Dr. Janice L. Hilliard – President & CEO, Hilliard Creative Education & Development Solutions, LLC Amy O'Brien – Director of Team Operations, Denver Nuggets</p>
4:45pm – 5:30pm	ASWIS Membership Meeting (Grand Ballroom)



Tuesday, October 22nd

8:30am – 9:00am	Conference Registration (Outside of Grand Ballroom)
9:00am – 9:30am	ASWIS Committee Meeting and Networking Breakfast (Grand Ballroom)
9:30am – 10:30am	Ted Talk Sessions <i>CEU Eligible (One Hour)</i>
Grand Ballroom	Post Traumatic Stress Disorder (PTSD) and other Trauma-Related Mental Disorders in Elite Athletes: A Narrative Review Cindy Miller Aron, LCSW, CGP, FAGPA – Private Practice and Portland State University Sports Medicine Duty of Care: Advocating for Human Needs of College Athletes James Helling, LICSW – University of Massachusetts. Amherst Slay the Inner Dragon Danielle Snyder, LCSW
Centennial Room	Trauma Informed Care with Black Male Athletes (Ted Talk) Emmett Gill, PhD, MSW, LMSW V!brant Emotional Health Career Transitions of Former Elite Female Tennis Athletes Neha Uberoi – University of North Carolina, Chapel Hill Center for the Study of Retired Athletes JD DeFreese, PhD - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes Erianne Weight, PhD, MBA - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes Zack Kerr, PhD, MPH - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes



A Sealed Pot: Unpacking the Experiences of Former Student Athletes

Laneshia Conner, PhD, MSW, CSW – Spalding University School of Social Work

Diana Rowan, PhD, MSW, LCSW – UNC Charlotte School of Social Work

10:30am – 10:45am Break (drinks and snacks provided)

10:45am Plenary Speaker *CEU Eligible (One Hour)*

Grand Ballroom **Dazzling Gods and Struggling Humans: A Report on Mental Health in Elite Athletes from the International Olympic Committee**

Dr. Claudia Reardon - Associate Professor, University of Wisconsin School of Medicine and Public Health, Department of Psychiatry

11:45am to 1:00pm Lunch (on your own)

1:00pm to 2:00pm Interactive Workshops *CEU Eligible (One Hour)*

Grand Ballroom **Social Work Ethics, Advocacy, & Engagement in College Athletic Systems: Case Studies in Sport Social Work**

James Helling, LICSW – University of Massachusetts. Amherst

Centennial Room **Ending Abuse Within Sport: How the U.S. Center for SafeSport is Championing Athlete Well-being**

Dan Mills, BS – U.S. Center for SafeSport

2:00pm to 2:45pm Plenary Speaker *CEU Eligible (One Hour)*

Grand Ballroom **A Dynamic Duo: When Social Workers and Professional Counselors Team Up to Create An Integrative Approach to Mental Health and Sports**

Tish Guerin, LCSW - Chief Executive Officer Transitions Management Group

Dr. Candice Williams - Ph.D, LPC, NCC, Athletic Counselor, The Ohio State University



2:45pm – 3:00pm	Break (drinks and snacks provided)
3:00pm – 4:00pm	Panel Discussions <i>CEU Eligible (One Hour)</i>
Grand Ballroom	#Trending: Holistic, Positive, and Wellness Based Approaches to Mental Health in Sports Panel Discussion Nicole Gabana, PhD, CMPC – Florida State University James Beauchemin, PhD, LCSW – Boise State University Cindy Miller-Aron, LCSW, CGP, FAGPA – Private Practice and Portland State University Sports Medicine
Centennial Room	Gender Politics: Racing for Victory to Avoid Elimination Panel Discussion Eveladora Wheeler, Ed.D., MSW, MBA – West Liberty University Tanya Greathouse, PhD, LCSW – Metropolitan State University of Denver Lori Darnel, JD, MSW – Metropolitan State University of Denver Emily Matuszewicz, DC – Metropolitan State University of Denver (Moderator) Dawn Matera Bassett, PhD, LCSW – Metropolitan State University of Denver
6:30pm	ASWIS Social Event The Yard House Downtown Denver: 1555 Court Place (inside Sheraton Hotel)

Wednesday, October 23rd

8:45am – 9:15am	Committee Meeting and Networking Breakfast (Grand Ballroom)
9:15am – 10:15am	Mixed Sessions <i>CEU Eligible (One Hour)</i>
Grand Ballroom (Ted Talk)	Fitness as a Component of Mental Health Intervention Nafees Alam, PhD, LMSW - Yeshiva University – Wurzweiler School of Social Work, College of Staten Island



Challenges and Collaborations with Cleveland Women's Sports

Elise Bigley – Cleveland Women Sports
Barb Anthony, MSSA, LISW-S – Cleveland Women Sports

Huddle Up...To Support Student-Athlete Mental Health

Lindsey Sanders, MSW, LCSW, Doctoral Candidate– UNC – Greensboro
Institute to Promote Athlete Health & Wellness
Jessica Wagner, MPH, BSN RN – Associate Director, Prevention and Health
Promotion, NCAA Sport Science Institute

Centennial Room
(Interactive Workshop)

The Prevalence of Substance Abuse and Addiction among Athletes: What do we do about It?

Jessica Joiner, LCSW, LAC – Private Practice, Journey Inspired Counseling,
“An Athletes Path to Recovery and Wellness”

10:15am – 10:30am Break (drinks and snacks provided)

10:30am – 11:30am Plenary Speaker (Grand Ballroom)

Third and Long: Challenges Facing LGBTQ+ Student Athletes

Vince Pryor, Consultant and Activist
Former Student-Athlete, Texas Christian University

11:30am – 12:45pm Lunch (on your own)

12:45pm – 1:30pm Interactive Workshops *CEU Eligible (One Hour)*

Grand Ballroom **The Influence of Youth Sport on Aggressive and Violent Behavior**

Tarkington Newman, PhD, MSW, MS – University of New Hampshire
Erica Magier, MSW – The Ohio State University
Carly Kimiecik, MSW – Purdue University
Michelle Burns, MSW – University of Missouri



Centennial Room

Social Workers and Athletic Concussions - What is our Role

Marc Felizzi, PhD, MSW - Millersville University of Pennsylvania
Liz Fisher, PhD, MSW - Shippensburg University of Pennsylvania

Mixed Sessions *CEU Eligible (One Hour)*

1:30pm – 2:15pm

Body Image Issues in Athletes across the Lifespan

Grand Ballroom

Interactive Poster Session

Christine Mosher, LICSW – Psychotherapist for TeamHealth, Private Practice,
and ASWIS Committee on College Sports

Using Yoga for Emotional Regulation in Intermediate School Teenagers

Nafees Alam, PhD, LMSW – Yeshiva University – Wurzweiler School of Social
Work, College of Staten Island
Christina Ferrara, MSW Student - College of Staten Island

Social Work and Esports

Brendan Beal, PhD – University of Montevallo; Heath Coach of Esports

**Applying a Feminist and Systems Theoretical Lens to Analyze Anxiety in
Female Student-Athletes**

Richard D. Weaver, Jr., MSSW, LSW, CSW – University of Louisville
Lorin Tredinnick, MSW, LSW – University of Connecticut

The Effects of Loss on African American Male Student Athletes

Jamal Jackson, MSW - Student Athlete Counseling and Cherry Creek Public
Schools



Centennial Room (Interactive Workshop)	Peace and Social Justice through Sport: Cultivating the Role of Sport Social Workers Stacy Kratz, PhD, LCSW, CAP – University of Southern California Tory Cox, EdD, LCSW, PPSC – University of Southern California Renee Smith-Maddox, PhD – University of Southern California
2:15pm – 3:00pm	Interactive Workshops <i>CEU Eligible (One Hour)</i>
Grand Ballroom	Interprofessional Collaboration and Referral System for High School Athletes Traci Nigg, LMSW – Wichita State University
Centennial Room	Integrated Behavioral Health for Athletes (Workshop) Kristen Mackel, LCSW - Lead Clinically Counselor, University of Pittsburgh Athletic Department, Psychiatric Social Worker, UPMC Western Psychiatric Hospital
3:00pm – 4:00pm	Mixed Session <i>CEU Eligible (One Hour)</i>
Grand Ballroom (Ted Talks)	The Role of Karate among Children to Boost their Well-being Noel Nkuranyabahizi, BSW Rwanda Karate National Team Head Coach
	Examining Sport Participation, Hegemonic Masculinity, and College Student Attitudes Towards Sexual Relationships Lorin Tredinnick, MSW, LSW, University of Connecticut Tarkington Newman, PhD, MSW, MS, University of New Hampshire Richard Weaver, MSSW, CSW, LSW, University of Louisville Jerry F. Reynolds II, LMSW, Louisiana State University



Strengths-Based Coaching: An Integrative Strategy for Interprofessional Collaboration

Kayla Douglas, LLMSW

Treatment of Athletes With an Alcohol Use Disorder: Initial Considerations

Douglas Jowdy, Ph.D. - University of Colorado Hospital and Denver School of Medicine

Centennial Room

Exploring the Value of Emotion-Driven Engagement

Stephanie Jackson – Director of Diversity & Inclusion, USA Hockey, Inc.

4:00pm

Closing Remarks



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OCTOBER 23

8:00-9:00 a.m. & 11:45-12:45 p.m.

DENVER ATHLETIC CLUB PETROLEUM ROOM 1

Invested in your mental health and well-being?

Take time to invest in yourself with a BLND

experience. Join BLND for a guided mindfulness practice including meditation and breathwork.

The integrative workshop will include a facilitated dialogue about techniques and approaches to self-care. Mindfulness practice facilitated by

BLND Health, Jevon Moore, LLMSW and Aubrey

Schupbach RYT-200. Come as you are, refreshments and snacks provided!



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UC Berkeley School of Social Welfare

Ted Talk Presentation Sponsors

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