



5th Annual Social Work in Sports Symposium

Monday, October 21st through Wednesday, October 23rd

Denver Athletic Club – Denver, CO

#ASWIS2019 and #AthleteWellness2019

Monday, October 21st

- 12:00pm – 1:00pm Registration (Outside of the Grand Ballroom)
- 1:00pm – 1:30pm Opening Remarks and Presidential Address by Dr. Matt Moore, President, ASWIS (Grand Ballroom)
- 1:30pm – 2:30pm Plenary Speaker *& EU Eligible*
- Grand Ballroom **When it comes to Mental Health, We are all on the Same Team**
- Dr. Karen Cogan - Senior Sports Psychologist, United States Olympic Committee
- 2:30pm – 2:45 pm Break (drinks and snacks provided)
- 2:45pm – 3:45pm Ted Talk Sessions *CEU Eligible*
- Grand Ballroom **Proposing a Social Work in Sports Elective Course**
- Traci Nigg, LMSW – Wichita State University
- Pre/Post Surgery Mental Health Interventions with Athletes**
- Alex Diaz, PhD, LCSW – Sports Mental Edge – Sport Psychology Consultant
Concordia College
- Silos are for Corn: The Importance of an Interdisciplinary Team**
- Ashley Parr, MEd, LAT – University of Wisconsin, Madison

P.O. Box 592664 | San Antonio, TX 78259 | Tel: (800)567-1178 | Fax: (765)285-1029

www.aswis.org



- Petroleum Room **Survival of the Fittest: The Experience of Coping with Psychological and Emotional Stressors for Female Collegiate Student Athletes**
- Marlene Holmes, RCSW, MSW, PhD Student – Barry University
Richard Weaver, MSSW, CSW, LSW, PhD Candidate – University of Louisville
- The Transfer of Life Skills: Revealing Mechanisms, Outcomes, Contexts, and Applications through Photographs**
- Tarkington Newman, PhD, MSW, MS – University of New Hampshire
- Martin, Muhammad, Magic, and Mizzou: A Social Work in Sports Perspective on Social Justice**
- M. Daniel Bennett, Jr., PhD, MSW – The University of Alabama School of Social Work
- Are NCAA Division I Athletes Prepared for End-of-Athletic-Career Transition? A Literature Review**
- Lauren Miller, DSW, LCSW – Mental health Specialist for Tulane Athletics, Tulane University Center for Sport, New Orleans, LA
- 3:45pm – 4:45pm Interactive Workshops *CEU Eligible (One Hour)*
- Grand Ballroom **Supporting the Health and Wellness of Professional Athletes: An Integrated Model**
- Janice Hilliard – President & CEO, Hilliard Creative Educational & Development Solutions, LLC
Amy O'Brien – Director of Team Operations, Denver Nuggets
- 4:45pm – 5:30pm ASWIS Membership Meeting (Grand Ballroom)



Tuesday, October 22nd

- 8:30am – 9:00am Conference Registration (Outside of Grand Ballroom)
- 9:00am – 9:30am ASWIS Committee Meeting and Networking Breakfast (Grand Ballroom)
- 9:30am – 10:30am Ted Talk Sessions *CEU Eligible (One Hour)*
- Grand Ballroom **Post Traumatic Stress Disorder (PTSD) and other Trauma-Related Mental Disorders in Elite Athletes: A Narrative Review**
- Cindy Miller Aron, LCSW, CGP, FAGPA – Private Practice and Portland State University Sports Medicine
- Duty of Care: Advocating for Human Needs of College Athletes**
- James Helling, LICSW – University of Massachusetts. Amherst
- Slay the Inner Dragon**
- Danielle Snyder, LCSW
- Centennial Room **Trauma Informed Care with Black Male Athletes (Ted Talk)**
- Emmett Gill, PhD, MSW
- Career Transitions of Former Elite Female Tennis Athletes**
- Neha Uberoi – University of North Carolina, Chapel Hill Center for the Study of Retired Athletes
- JD DeFreese, PhD - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes
- Erienne Weight, PhD, MBA - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes
- Zack Kerr, PhD, MPH - University of North Carolina, Chapel Hill Center for the Study of Retired Athletes



A Sealed Pot: Unpacking the Experiences of Former Student Athletes

Laneshia Conner, PhD, MSW, CSW – Spalding University School of Social Work

Diana Rowan, PhD, MSW, LCSW – UNC Charlotte School of Social Work

10:30am – 10:45am Break (drinks and snacks provided) 10:45am –

11:45am Plenary Speaker *CEU Eligible (One Hour)*

Grand Ballroom **Dazzling Gods and Struggling Humans: A Report on Mental Health in Elite Athletes from the International Olympic Committee**

Dr. Claudia Reardon - Associate Professor, University of Wisconsin School of Medicine and Public Health, Department of Psychiatry

11:45am to 1:00pm Lunch (on your own)

1:00pm to 2:00pm Interactive Workshops *CEU Eligible (One Hour)*

Grand Ballroom **Social Work Ethics, Advocacy, & Engagement in College Athletic Systems: Case Studies in Sport Social Work**

James Helling, LICSW – University of Massachusetts. Amherst

Centennial Room **Ending Abuse Within Sport: How the U.S. Center for SafeSport is Championing Athlete Well-being**

Dan Mills, BS – U.S. Center for SafeSport

2:00pm to 2:45pm Plenary Speaker *CEU Eligible (One Hour)*

Grand Ballroom **A Dynamic Duo: When Social Workers and Professional Counselors Team Up to Create An Integrative Approach to Mental Health and Sports**

Tish Guerin, LCSW - Chief Executive Officer Transitions Management Group

Dr. Candice Williams - Ph.D, LPC, NCC, Athletic Counselor, The Ohio State University



- 2:45pm – 3:00pm Break (drinks and snacks provided)
- 3:00pm – 4:00pm Panel Discussions *CEU Eligible (One Hour)*
- Grand Ballroom **#Trending: Holistic, Positive, and Wellness Based Approaches to Mental Health in Sports Panel Discussion**
- Nicole Gabana, PhD, CMPC – Florida State University
James Beauchemin, PhD, LCSW – Boise State University
Cindy Miller-Aron, LCSW, CGP, FAGPA – Private Practice and Portland State University Sports Medicine
- Centennial Room **Gender Politics: Racing for Victory to Avoid Elimination Panel Discussion**
- Eveldora Wheeler, Ed.D., MSW, MBA – West Liberty University
Tanya Greathouse, PhD, LCSW – Metropolitan State University of Denver
Lori Darnel, JD, MSW – Metropolitan State University of Denver
Emily Matuszewicz, DC – Metropolitan State University of Denver
(Moderator) Dawn Matera Bassett, PhD, LCSW – Metropolitan State University of Denver
- 6:30pm ASWIS Social Event
- The Yard House
Downtown Denver: 1555 Court Place (inside Sheraton Hotel)

Wednesday, October 23rd

- 8:45am – 9:15am Committee Meeting and Networking Breakfast (Grand Ballroom)
- 9:15am – 10:15am Mixed Sessions *CEU Eligible (One Hour)*
- Grand Ballroom **Fitness as a Component of Mental Health Intervention**
(Ted Talk)
- Nafees Alam, PhD, LMSW - Yeshiva University – Wurzweiler School of Social Work, College of Staten Island



Challenges and Collaborations with Cleveland Women's Sports

Elise Bigley – Cleveland Women Sports
Barb Anthony, MSSA, LISW-S – Cleveland Women Sports

Huddle Up...To Support Student-Athlete Mental Health

Lindsey Sanders, MSW, LCSW, Doctoral Candidate– UNC – Greensboro
Institute to Promote Athlete Health & Wellness
Jessica Wagner, MPH, BSN RN – Associate Director, Prevention and Health
Promotion, NCAA Sport Science Institute

Centennial Room
(Interactive Workshop)

The Prevalence of Substance Abuse and Addiction among Athletes: What do we do about It?

Jessica Joiner, LCSW, LAC – Private Practice, Journey Inspired Counseling,
“An Athletes Path to Recovery and Wellness”

10:15am – 10:30am Break (drinks and snacks provided)

10:30am – 11:30am Plenary Speaker (Grand Ballroom)

Third and Long: Challenges Facing LGBTQ+ Student Athletes

Vince Pryor, Consultant and Activist
Former Student-Athlete, Texas Christian University

11:30am – 12:45pm Lunch (on your own)

12:45pm – 1:30pm Interactive Workshops *CEU Eligible (One Hour)*

Grand Ballroom **The Influence of Youth Sport on Aggressive and Violent Behavior**

Tarkington Newman, PhD, MSW, MS – University of New Hampshire
Erica Magier, MSW – The Ohio State University
Carly Kimiecik, MSW – Purdue University
Michelle Burns, MSW – University of Missouri



Centennial Room **Social Workers and Athletic Concussions - What is our Role**

Marc Felizzi, PhD, MSW - Millersville University of Pennsylvania
Liz Fisher, PhD, MSW = Shippensburg University of Pennsylvania

Mixed Sessions *CEU Eligible (One Hour)*

1:30pm – 2:15pm

Body Image Issues in Athletes across the Lifespan

Grand Ballroom
Interactive Poster Session

Christine Mosher, LICSW – Psychotherapist for TeamHealth, Private Practice,
and ASWIS Committee on College Sports

Using Yoga for Emotional Regulation in Intermediate School Teenagers

Nafees Alam, PhD, LMSW – Yeshiva University – Wurzweiler School of Social
Work, College of Staten Island
Christina Ferrara, MSW Student - College of Staten Island

Social Work and Esports

Brendan Beal, PhD – University of Montevallo; Heath Coach of Esports

**Applying a Feminist and Systems Theoretical Lens to Analyze Anxiety in
Female Student-Athletes**

Richard D. Weaver, Jr., MSSW, LSW, CSW – University of Louisville
Lorin Tredinnick, MSW, LSW – University of Connecticut

Life after Sports

Latasha Callaway – University of Arkansas Little Rock

The Effects of Loss on African American Male Student Athletes

Jamal Jackson, MSW - Student Athlete Counseling and Cherry Creek Public
Schools



- Centennial Room **Peace and Social Justice through Sport: Cultivating the Role of Sport Social Workers**
(Interactive Workshop)
Stacy Kratz, PhD, LCSW, CAP – University of Southern California
Tory Cox, EdD, LCSW, PPSC – University of Southern California
Renee Smith-Maddox, PhD – University of Southern California
- 2:15pm – 3:00pm Interactive Workshops *CEU Eligible (One Hour)*
- Grand Ballroom **Interprofessional Collaboration and Referral System for High School Athletes**
Traci Nigg, LMSW – Wichita State University
- Centennial Room **Integrated Behavioral Health for Athletes (Workshop)**
Kristen Mackel, LCSW - Lead Clinically Counselor, University of Pittsburgh Athletic Department, Psychiatric Social Worker, UPMC Western Psychiatric Hospital
- 3:00pm – 3:45pm Mixed Session *CEU Eligible (One Hour)*
- Grand Ballroom **The Role of Karate among Children to Boost their Well-being**
(Ted Talks)
Noel Nkuranyabahizi, BSW
Rwanda Karate National Team Head Coach
- Examining Sport Participation, Hegemonic Masculinity, and College Student Attitudes Towards Sexual Relationships**
Lorin Tredinnick, MSW, LSW, University of Connecticut
Tarkington Newman, PhD, MSW, MS, University of New Hampshire
Richard Weaver, MSSW, CSW, LSW, University of Louisville
Jerry F. Reynolds II, LMSW, Louisiana State University



BLND: A Strengths-Based Approach to Providing Integrative Behavioral Health

Kayla Douglas, LLMSW

Brooke Buys, MSW, PhD Candidate, CEO + Founder / BLND Health Group

Centennial Room

Exploring the Value of Emotion-Driven Engagement

Stephanie Jackson – Director of Diversity & Inclusion, USA Hockey, Inc.

3:45pm – 4:00pm

Closing Remarks