



Colorado

Jessica Joiner, LCSW, LAC

Phone: (303) 895-0635

Email: jessica.joiner@journeyinspiredcounseling.com

Locations Available: Colorado

Specialties: Overall Mental Health & Wellness, Substance Abuse & Addiction, Co-Occurring Disorders

Available Telehealth Platforms: Google Meets, Doxy.me

Parker, CO

13 years experience

Connecticut

Dana Parrot, LICSW

Phone: (413) 687-7204

Email: danajparrot@yahoo.com

Locations Available: Massachusetts, Florida, Connecticut

Specialties: Skills with Dialectical Behavior Therapy, experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials

Available Telehealth Platforms: Doxy.me, phone

Amherst, MA

20 years experience

Dawn Shadron, LCSW

Phone: (203) 676-4298

Email: dawn.m.shadron@gmail.com

Locations Available: Connecticut

Specialties: College Student Athletes, Pro Sport Mental Health and Performance

Available Telehealth Platforms: Doxy.me, Zoom, WebEx

West Hartford, CT

20 years experience

District of Columbia

Eric Dawson, LCSW, LGSW

Phone: (989) 600-1289

Email: ericdawsonlcsw@gmail.com

Locations Available: New York and District of Columbia

Specialties: Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes

Available Telehealth Platforms: FaceTime, Zoom, Skype

New York & D.C.

5+ years experience



Florida

Stacy Kratz, Ph.D, LCSW

Email: stacy@kratz.us

Locations Available: Florida

Additional Credentials: Certified Addictions Professional (CAP)

Specialties: Sport Mental Health and Wellness Therapy, Alcohol & Other Drug Abuse Prevention and Treatment, Family Counseling and Wellness

Available Telehealth Platforms: Doxy.me, Zoom

Tampa, FL

15 years experience

Dana Parrot, LICSW

Phone: (413) 687-7204

Email: danajparrot@yahoo.com

Locations Available: Massachusetts, Florida, and Connecticut

Specialties: Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials

Available Telehealth Platforms: Doxy.me, phone

Amherst, MA

20 years experience

Jesus A. Vasquez, LCSW

Phone: (813) 431-8190

Email: vasquezcounselingandwellness@gmail.com

Website: vasquezcounselingandwellness.com

Locations Available: Florida

Specialties: Substance Abuse, Anxiety, Depression, Mood Disorders, Life Stressors

Available Telehealth Platforms: Zoom

Tampa, FL

12+ years experience

Mark D. Davis, LCSW

Phone: (813) 968-3417

Email: mdavis@davisoundmind.com

Locations Available: Florida

Additional Credentials: Certified Addictions Professional (CAP), Sports Performance Psychology & Athlete Assistance Program

Specialties: Sports Performance Psychology & Athlete Assistance Program

Available Telehealth Platforms: Doxy.me

Tampa, FL

30+ years experience



Georgia

Brad Hambric, LPC, BC-THM, LCAS-A

Phone: (919) 946-0340

Email: brad@bellavietherapy.com

Website: bellavietherapy.com

Locations Available: North Carolina, Georgia

Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services

Available Telehealth Platforms: Vsee, Zoom, Doxy.me

Durham, NC

7 years experience

Illinois

Anna Marcolin, MSW, LCSW

Phone: (847) 691-0400

Email: annamarcolinlcsw@gmail.com

Locations Available: Illinois

Specialties: Late Teens & Adults, Anxiety, Depression, Eating Disorders; Individual, Couple, and Family Treatment

Highland Park, IL

25 years experience

Iowa

Katie Johnson, LISW

Phone: (319) 382-4721

Email: katie@johnsoncounselingllc.com

Website: www.johnsoncounselingllc.com

Locations Available: Iowa

Specialties: Anxiety, Depression, Adjustment Issues, Sport-Related Therapy

Available Telehealth Platforms: Spruce (HIPAA-compliant, set-up is assisted)

Cedar Rapids, IA

5+ years experience

Maine

Kimberly Plourde, LCSW

Email: kimp@thriveworks.com

Locations Available: Maine, Virginia

Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women's football

Available Telehealth Platforms: Zoom

Lynchburg, VA

28 years experience



Maine (cont.)

Shirley Rush, MSW, LCSW

Phone: (207) 551-9954

Email: shirley.rush@maine.edu

Locations Available: Maine

Specialties: Generalist Practice, Cognitive Behavior Therapy (CBT), Academic Mentoring, Male College Athletes

Fort Fairfield, ME

20 years experience

Massachusetts

Geoff Cushner, LICSW

Phone: (508) 304-7499, (508) 304-1001

Locations Available: Massachusetts

Specialties: Cognitive Behavior Therapy (CBT), Trauma (TF-CBT), Adoption/Foster Care, Anxiety, Panic Disorder, Depression, Anger Management, & Life Changes/Transitions

Available Telehealth Platform: Doxy.me

Worcester, MA

7 years experience

Dana Parrot, LICSW

Phone: (413) 687-7204

Email: danajparrot@yahoo.com

Locations Available: Massachusetts, Florida, and Connecticut

Specialties: Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials

Available Telehealth Platforms: Doxy.me, phone

Amherst, MA

20 years experience

Jim Helling, LICSW, CMPC

Phone: (413) 824-2808

Email: jhelling.licsw@gmail.com

Locations Available: Massachusetts

Specialties: Traumatic Stress, Resilience, Anxiety, Depression, Somatic Psychology, Performance Psychology, Eye Movement Desensitization & Reprocessing (EMDR), College Student Mental Health

Available Telehealth Platforms: Secure Video (HIPAA compliant)

Amherst, MA

15 years experience

Christine A. Mosher, MSW, LICSW

Phone: (508) 274-1216

Email: cmosher2364@gmail.com

Locations Available: Massachusetts

Specialties: Anxiety, Depression, Chronic Mental Health, Substance Abuse, Children, Adolescents, Adults, Seniors, Athletes

Available Telehealth Platforms: Zoom, FaceTime

Onset, MA

15 years experience



Michigan

Stephanie Gaumer, LMSW

Email: sgaumer@counselingcentersofmichigan.com

Company Website: www.counselingcentersofmichigan.com/stephaniegaumer.html

Locations Available: Michigan

Specialties: Performance Anxiety/Stress Management, Coping with Injury, Transition Out of Sport, Peak Performance; sport specialty in Gymnastics

Available Telehealth Platforms: TheraNest through client portal

Clarkston, MI

1 year experience

Stephanie Falotico, LMSW

Phone: (586) 698-8951

Email: sfalotico.lmsw@gmail.com

Locations Available: Michigan

Specialties: Anxiety, Depression, Adjustment, Grief and Loss, Communication, Peak Performance, Sleep, Performance Anxiety, Relaxation Skills

Available Telehealth Platforms: Mindurance (in-progress), Zoom or Google Duo for private pay if able

Sterling Heights, MI

5 years experience

Missouri

David Harris, LCSW

Phone: (314) 260-6680

Website: posbydesign.com

Location: Missouri

Specialties: Performance Coaching, Anxiety, Bipolar Disorder, Depression, PTSD, and Life Transitions

Available Telehealth Platforms: VSEE

St. Louis, MO

21 years experience

Derrick R. Howell, LCSW

Phone: (314) 782-8844

Website: humblemonarchtherapy.com

Locations Available: Missouri

Specialties: Men's Health and Anxiety

Available Telehealth Platforms: VSEE

St. Louis, MO

6 years experience



Montana

Gypsy Ray, LCSW

Phone: (406) 880-0977

Email: gypsyraylcsw@gmail.com

Specialties: Athlete Mental Health, Eye Movement Desensitization and Reprocessing (EMDR), Trauma Therapy, Anxiety, Depression

Anaconda, MT

9 years experience

Nebraska

Jade Patterson, MSW, PMSW, PLMHP

Phone: (402) 540-0310

Email: jadepatterson@unomaha

Locations Available: Nebraska

Specialties: Trauma, Depression, Anxiety, Mental Health Needs, some experience with Eating Disorders & Other Major Mental Illness

Available Telehealth Platforms: Zoom, FaceTime, Skype, others as needed

Lincoln, NE

9 months experience

New Jersey

Shannon Paskaris, MSW, LCSW

Email: shannon.paskaris@gmail.com

Locations Available: New Jersey

Specialties: Anxiety, Mood Disorders, Trauma/PTSD, Mindfulness, Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), experience as former Division I Collegiate Athlete

Available Telehealth Platforms: Google Hangouts Meet G Suite

Princeton, NJ

9 years experience

New York

Eric Dawson, LCSW, LGSW

Phone: (989) 600-1289

Email: ericdawsonlcsw@gmail.com

Locations Available: New York and District of Columbia

Specialties: Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes

Available Telehealth Platforms: FaceTime, Zoom, Skype

New York & D.C.

5+ years experience



Devon Bonnemere, LCSW

Phone: (914) 222-1651

Locations Available: New York

Specialties: Anxiety, Depression, Anger, Cognitive Behavior Therapy (CBT)

Available Telehealth Platforms: Doxy.me

Harrison, NY

15 years experience

Alex Diaz, Ph.D, LCSW

Phone: (914) 793-9719

Email: alexdiaz@sportsmentaledge.com

Locations Available: New York

Specialties: PTSD, Anxiety, Depression, Post-Concussion Trauma, Life Transitions, Bi-Cultural Issues for Hispanic clients, Distractibility, OCD

Tuckahoe, NY

20 years experience

North Carolina

Anita A. Daniels, MSW, LCSW, LCAS, CCS

Phone: (919) 564-9360

Email: actualitiesltd@gmail.com

Website: <https://actualitiesltd.com>

Locations Available: North Carolina

Additional Credentials: Sports Counseling Certificate (CalU), NC DMV Substance Abuse Evaluator, NC Certified Forensic Evaluator

Specialties: Depression, Anxiety, Grief and Loss, Addictions (Drugs, Alcohol, Gambling), Sports Counseling, Athlete Development, Couples Counseling, Life Transitions

Available Telehealth Platforms: HIPAA-Compliant Telehealth by SimplePractice, Doxy.me

Durham, NC

35 years experience

Brad Hambric, LPC, BC-THM, LCAS-A

Phone: (919) 946-0340

Email: brad@bellavietherapy.com

Website: bellavietherapy.com

Locations Available: North Carolina, Georgia

Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services

Available Telehealth Platforms: Vsee, Zoom, Doxy.me

Durham, NC

7 years experience



Ontario, Canada

Linda York, B.Ed, BSW Hons, MSW, RSW

Locations Available: Ontario

Additional Credentials: ASWIS member, OASW member

Specialties: Hockey, including 10 years experience as a hockey coach; Mental Health; Trauma; Anxiety; Depression; Eye Movement Desensitization and Reprocessing (EMDR); Mindfulness-Based Cognitive Behavior Therapy (CBT); Other Trauma, Expressive, and Somatic Therapies

Telehealth Platforms: Doxy.me

Kingsville, ON

10 years experience

Oregon

Cindy Miller Aron, LCSW, CGP, FAGPA

Phone: (514) 760-2804

Email: cindi152001@gmail.com

Location: Oregon

Specialties: Elite Athletes, Athletic Personnel and Systems, Depression, Anxiety, Mood Disorders, PTSD and Trauma Related Disorders, Adjustment Disorders, and Group Therapy

Available Telehealth Platforms: Zoom

Portland, OR

25+ years

Pennsylvania

Elizabeth Browning, LCSW

Phone: Cell (717) 215-0077 | Office (717) 686-4658

Locations Available: Pennsylvania

Specialties: Veteran and Family Services Certified, Transitional Issues, Substance Abuse, Mental Health, Child Protective Services

Available Telehealth Platforms: Zoom, Skype, open to others

Harrisburg, PA

21 years experience



South Carolina

Spencer Kilpatrick, LISW

Phone: (724) 413-8081

Email: skilpa62@gmail.com

Locations Available: South Carolina

Specialties: Depression, Anxiety, Adjustment, Unexpected Life Changes & Transitions, Cognitive Behavior Therapy (CBT), Mindfulness, Motivational Interviewing

Available Telehealth Platforms: Meta App

Charleston, SC

3 years experience

Texas

Katie Bartley, LMSW, pending LCSW

Phone: (512) 649-8500

Email: katie@katiebartley.com

Website: www.katiebartley.com

Locations Available: Texas

Specialties: Young adults, Teens, Couples, Parents, Athletes of all kinds, former experience in Division I soccer

Available Telehealth Platforms: Doxy.me, Zoom, Gmeet

Austin, TX

3+ years experience

Karen Winston, LCSW

Phone: (713) 666-1419

Locations Available: Texas

Specialties: 13 years experience as team clinician for the Houston Texans, worked with NFL in teaching rookie program, have had experience with elite athletes from all major sports

Bellaire, TX

28 years experience

Cali Werner, LMSW

Phone: (713) 702-8641

Locations Available: Texas

Specialties: Work with competitive athletes with anxiety and related disorders, obsessive compulsive disorder, mental health stigma, and access to evidence-based care.

Houston, TX

4 years experience



Utah

Julie Larsen, LCSW
Phone: (801) 706-1205
Email: julie.larsen@sportstalktherapy.org
Locations Available: Utah
Specialties: General
Available Telehealth Platforms: Zoom, Skype

Murray, UT
12 years experience

Virginia

Ashlea Hopkins, LCSW
Email: Ashlea@speroworkstherapy.com
Locations Available: Virginia
Specialties: College Athletes, Youth Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Teams, Suicide and Time Management
Available Telehealth Platforms: Zoom

Sterling, VA
15+ years experience

Kimberly Plourde, LCSW
Email: kimp@thriveworks.com
Locations Available: Maine, Virginia
Specialties: College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women's football
Available Telehealth Platforms: Zoom

Lynchburg, VA
28 years experience

Wisconsin

Katherine (Katey) Collins, LCSW
Phone: (262) 749-8687
Email: bhappytherapy@gmail.com
Locations Available: Wisconsin
Specialties: Females, Sexual Abuse, Children & Adolescents, Athletes; personal background in Swimming, Running, Triathlon
Available Telehealth Platforms: Zoom

Lake Geneva, WI
20+ years experience